

## 5 DAY KAYAK & WALK

**DURATION:** 5 days / 4 nights

**CATERING:** Self catered

**AGE:** 14+. There must be at least 1 adult for each person under 18

### > WHAT TO BRING

**Camp pass:** Provided at check in.

**Cooking equipment:** If you plan to cook a hot meal ensure you bring a cooker and fuel as fires are only permitted in certain parts of the park, at certain times of the year. Pots, pans, utensils, cutlery, plates and cups will also come in handy.

**Camping equipment:** During the evening it can become quite cool in the park so please make sure you pack a tent, camping mat and a warm sleeping bag.

**Kayaking clothes:** You're bound to get wet when kayaking bring some quick drying clothes to paddle in. Shorts, t-shirt (long sleeves are preferable), warm top (wool/fleece), hat, sunglasses and walking shoes. Don't forget your swimsuit and a towel!

**Campsite clothing:** Warm campsite clothing is essential for the evenings. Long pants, t-shirt, long-sleeved shirt, warm top (wool/fleece), trainers and socks, sleeping clothing, rainproof jacket.

**Personal items:** Such as medication, toiletries, camera (with plenty of film or memory space!), personal drinking bottle, first aid kit, sunscreen and insect repellent.

**Food:** Be sure to bring enough food for your whole journey. We recommend purchasing this before you get to Marahau. Make sure you bring plenty of fresh water with you. Filtered water is available at our base and hut sites, and untreated water is available at the campsites.

### > SHOWCASES

Kayak to Onetahuti and then enjoy the solitude of the Northern end of the park.

**3 DAYS KAYAK: MARAHAU – ONETAHUTI**  
**2 DAYS WALK: ONETAHUTI – SEPARATION POINT**  
**BACK TO TOTARANUI**

**Description:**

- Have the time to enjoy the park at your own pace.
- Paddle one way to the Marine Reserve.
- Walk to Separation Point the Northern part of the park.
- Experience the solitude of the beaches past Totoranui.
- Return via Water Taxi from Totoranui to Marahau.
- Enjoy our base facilities on completion of your trip.

### > ITINERARY\*

#### DAY ONE

**8.30am** Check in and start your kayak rental briefing. The briefing highlights areas of interest in the Abel Tasman National Park, weather forecasts and local conditions, hazards, safety and self rescue.

**10.00am** On water assessment with guide.

**10.30am** Explore the Abel Tasman.

Spend the night at Te Pukatea Bay or Anchorage.

#### DAY TWO

Spend the night at Bark Bay or Mosquito Bay.

#### DAY THREE

**3.30pm** Kayak pick up at Onetahuti.

Spend the night at Onetahuti or Awaroa.

#### DAY FOUR

Walk North from Totoranui.

Spend the night at Anapai Bay or Mutton Cove.

#### DAY FIVE

Walk back to Totoranui for your Water Taxi pick up.

**3.15pm** Water taxi pick up at Totoranui.

**4.30pm** Arrive at Abel Tasman Kayak base.

\*Please note this is an estimate of timings and based on our summer timetable and an 8.30am check-in. There may also be times when this trip will be reversed.



### WALKING TIMES

**Marahau to Anchorage Hut**

Time: 3.5hrs Distance: 12.4km

**Anchorage Hut to Bark Bay**

Time: 4hrs Distance: 11.5km

**HIGH TIDE ROUTE**

Time: 4hrs Distance: 11.5km

**LOW TIDE ROUTE**

Time: 3hrs Distance: 8.4km

**Bark Bay to Onetahuti**

Time: 2hrs Distance: 6.4km

**Onetahuti to Awaroa Hut**

Time: 2.5hrs Distance: 7.1km

**Awaroa Hut to Totoranui**

Time: 2 – 2.5hrs Distance: 7.1km

**Totoranui to Whararangi**

Time: 3.15hrs Distance: 9.8km



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