

2 DAY PARK START

DURATION: 2 days / 1 night

CATERING: Self catered

AGE: 14+. There must be at least 1 adult for each person under 18

> WHAT TO BRING

Camp pass: Provided at check in.

Cooking equipment: If you plan to cook a hot meal ensure you bring a cooker and fuel as fires are only permitted in certain parts of the park, at certain times of the year. Pots, pans, utensils, cutlery, plates and cups will also come in handy.

Camping equipment: During the evening it can become quite cool in the park so please make sure you pack a tent, camping mat and a warm sleeping bag.

Kayaking clothes: You're bound to get wet when kayaking bring some quick drying clothes to paddle in. Shorts, t-shirt (long sleeves are preferable), warm top (wool/fleece), hat, sunglasses and shoes. Don't forget your swimsuit and a towel!

Campsite clothing: Warm campsite clothing is essential for the evenings. Long pants, t-shirt, long-sleeved shirt, warm top (wool/fleece), trainers and socks, sleeping clothing, rainproof jacket.

Personal items: Such as medication, toiletries, camera (with plenty of film or memory space!), personal drinking bottle, first aid kit, sunscreen and insect repellent.

Food: Be sure to bring enough food for your whole journey. We recommend purchasing this before you get to Marahau. Make sure you bring plenty of fresh water with you. Filtered water is available at our base and hut sites, and untreated water is available at the campsites.

1 DAY	2 DAY
	Breakfast
Lunch	Lunch
Dinner	
Snacks	Snacks
Water	Water

Examples:

Day 1: Fresh foods.

Day 2: Root vegetables/grains/cereals/vacuum packed meats.

Snacks: Fresh fruit, muesli bars, nuts and seeds, chocolate bars, crackers etc.

Tip: The kayak will keep fruit and vegetables fresh for a 2 – 3 day period, save the dehydrated food for the last few days of your trip! We advise that leafy greens (eg lettuce) need to be eaten day 1 – 2 and we advise against taking chicken.

We provide: Buoyancy vest, spray skirt, paddle jacket, paddle, safety emergency flares, water-proof map, water pump and a spare paddle. Additional items in the winter: wetsuits, wetsuit booties.

We have a full range of camping equipment for hire (subject to availability).

> SHOWCASES

Fur seals are found along the coast of the park, particularly on the more remote granite headlands of Tonga Island explore this gem first before heading one way down the park.

KAYAK: ONETAHUTI – MARAHAU

Description:

- Enjoy the luxury of kayaking one way with the sea breeze.
- Don't paddle the same coastline twice!
- Explore the Tonga Island Marine Reserve and its surrounds.
- Spend the night at Bark Bay.
- If the tide is right on day two allow time to explore the lagoons and inlets between Bark Bay and Anchorage.
- Cruise past Adele Island on your way back to Marahau.
- Finish up at our base and enjoy our base facilities including hot showers.

> ITINERARY*

DAY ONE

8.30am Check in and start your kayak rental briefing. The briefing highlights areas of interest in the Abel Tasman National Park, weather forecasts and local conditions, hazards, safety and self rescue.

10.00am On water assessment with guide.

12noon Water Taxi up to Onetahuti.

1.30pm Spend your afternoon exploring the Tonga Island surrounds.

Spend the night at Bark Bay.

DAY TWO

Kayak back to Marahau (allow 5hrs) + breaks.

4.00pm Return to Abel Tasman Kayaks' base.

*Please note this is an estimate of timings and based on our summer timetable and an 8.30am check-in. There may also be times when this trip will be reversed.



WALKING TIMES

Marahau to Anchorage Hut
Time: 3.5hrs Distance: 12.4km

Anchorage Hut to Bark Bay
HIGH TIDE ROUTE
Time: 4hrs Distance: 11.5km
LOW TIDE ROUTE
Time: 3hrs Distance: 8.4km

Bark Bay to Onetahuti
Time: 2hrs Distance: 6.4km

Onetahuti to Awaroa Hut
Time: 2.5hrs Distance: 7.1km

Awaroa Hut to Totaranui
Time: 2 – 2.5hrs Distance: 7.1km

Totaranui to Whararangi
Time: 3.15hrs Distance: 9.8km



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