

2 DAY KAYAK & WALK NORTH

DURATION: 2 days / 1 night

CATERING: Self catered

AGE: 14+. There must be at least 1 adult for each person under 18

> WHAT TO BRING

Camp pass: Provided at check in.

Cooking equipment: If you plan to cook a hot meal ensure you bring a cooker and fuel as fires are only permitted in certain parts of the park, at certain times of the year. Pots, pans, utensils, cutlery, plates and cups will also come in handy.

Camping equipment: During the evening it can become quite cool in the park so please make sure you pack a tent, camping mat and a warm sleeping bag.

Kayaking clothes: You're bound to get wet when kayaking bring some quick drying clothes to paddle in. Shorts, t-shirt (long sleeves are preferable), warm top (wool/fleece), hat, sunglasses and walking shoes. Don't forget your swimsuit and a towel!

Campsite clothing: Warm campsite clothing is essential for the evenings. Long pants, t-shirt, long-sleeved shirt, warm top (wool/fleece), trainers and socks, sleeping clothing, rainproof jacket.

Personal items: Such as medication, toiletries, camera (with plenty of film or memory space!), personal drinking bottle, first aid kit, sunscreen and insect repellent.

Food: Be sure to bring enough food for your whole journey. We recommend purchasing this before you get to Marahau. Make sure you bring plenty of fresh water with you. Filtered water is available at our base and hut sites, and untreated water is available at the campsites.

1 DAY	2 DAY
Lunch	Breakfast
Dinner	Lunch
Snacks	Snacks
Water	Water

Examples:

Day 1: Fresh foods.

Day 2: Root vegetables/grains/cereals/vacuum packed meats.

Snacks: Fresh fruit, muesli bars, nuts and seeds, chocolate bars, crackers etc.

Tip: The kayak will keep fruit and vegetables fresh for a 2-3 day period, save the dehydrated food for the last few days of your trip! We advise that leafy greens (eg lettuce) need to be eaten day 1-2 and we advise against taking chicken.

We provide: Buoyancy vest, spray skirt, paddle jacket, paddle, safety emergency flares, water-proof map, water pump and a spare paddle. Additional items in the winter: wetsuits, wetsuit booties.

We have a full range of camping equipment for hire (subject to availability).

> SHOWCASES

Paddle the calm waters of the Astrolabe before heading around the point to Anchorage and then walking onto Bark Bay or Onetahuti.

1 DAY KAYAK: MARAHAU – ANCHORAGE
1 DAY WALK: ANCHORAGE – BARK BAY OR ONETAHUTI

Description:

- Fully explore the Astrolabe Anchorage area by kayak.
- Drift into the Torrent Bay lagoon on a high tide.
- Have your kayak picked up at the end of day one.
- Spend a night at Anchorage.
- Walk North along the coastal track to Bark Bay or Onetahuti.
- Enjoy the walk across the 47m swing bridge over Falls River.
- At the end of your walk be picked up by the Water Taxi.

> ITINERARY*

DAY ONE

8.30am Check in and start your kayak rental briefing. The briefing highlights areas of interest in the Abel Tasman National Park, weather forecasts and local conditions, hazards, safety and self rescue.

10.00am On water assessment with guide.

10.30am You have all day to explore the Astrolabe and Anchorage area by kayak.

4.00pm Your kayak will be picked up at Anchorage by Water Taxi.

Spend the night at Anchorage.

DAY TWO

Walk from Anchorage to Bark Bay (high tide route approx 4hrs, 11.5km, low tide route approx 3hrs, 8.4km).

Walk from Anchorage to Onetahuti Bay (high tide route approx 6hrs, 17.9km, low tide route approx 5hrs, 14.8km).

3.30/3.45pm Water Taxi pick up Onetahuti or Bark Bay.

4.30pm Return to Abel Tasman Kayaks' base.

*Please note this is an estimate of timings and based on our summer timetable and an 8.30am check-in. There may also be times when this trip will be reversed.



WALKING TIMES

Marahau to Anchorage Hut
Time: 3.5hrs Distance: 12.4km

Anchorage Hut to Bark Bay

HIGH TIDE ROUTE
Time: 4hrs Distance: 11.5km

LOW TIDE ROUTE
Time: 3hrs Distance: 8.4km

Bark Bay to Onetahuti
Time: 2hrs Distance: 6.4km

Onetahuti to Awaroa Hut
Time: 2.5hrs Distance: 7.1km

Awaroa Hut to Totaranui
Time: 2-2.5hrs Distance: 7.1km

Totaranui to Whariwharangi
Time: 3.15hrs Distance: 9.8km



Walking times and route information as detailed above.